

FORIDA-XT+ Tablet

COMPOSITION: Each Forida-XT+ Tablet contains

FERROUS ASCORBATE 100 mg + FOLIC ACID 1.5 mg + METHYLCOBALMIN 1.5 mg + ZINC SULFATE MONOHYDRATE (Eq. TO ELEMENTAL ZINC) 22.5 mg Tablets

STORAGE

- Store below 30°C
- Keep it out of reach of children
- Store in a cool & dry place away from direct sunlight

PRODUCT INTRODUCTION

Forida-XT+ Tablet is a health supplement used to prevent iron deficiency (iron levels in body) especially during pregnancy and anemia (low haemoglobin levels). It contains ferrous ascorbate, folic acid, Methylcobalamin, and zinc as active ingredients that helps to meet up iron requirements of the body in cases of poor dietary intake, improves foetal growth and develops immune system.

Ferrous ascorbate helps to increase iron absorption in the body and prevents anaemia during pregnancy and also boosts the immune system of the mother and baby. Folic acid is essential for cell division and growth. It helps to protect your unborn baby from brain defects. Folic acid along with Methylcobalamin helps to form healthy red blood cells and also prevents neural tube defects. Zinc is essential for growth, neuro-behavioural development and immune functions and also prevents low birth weight and prematurity. Methylcobalamin is essential for brain and nervous system as well as for cell growth and multiplication.

Always take Forida-XT+ Tablet as advised by your doctor. Swallow the tablet with a glass of water. Do not crush or chew the tablet.

THERAPEUTIC USES OF FORIDA-XT+ TABLET

- Prevents iron deficiency during pregnancy and anemia
- Improves foetal growth and develops immune system

SIDE EFFECTS OF FORIDA-XT+ TABLET

Forida-XT+ Tablet may cause nausea, vomiting, constipation, loose stools, stomach pain, loss of appetite, darkened or green stools in some individuals.

Consult your doctor if you notice any unusual side effects while taking Forida-XT+ Tablet.

SAFETY ADVICE

- Always take Forida-XT+ Tablet as advised by your doctor
- Swallow Forida-XT+ Tablet with a glass of water. Do not crush or chew the tablet
- Do not take if you are allergic to any of its ingredients
- Do not take if you have certain iron metabolism problems or high iron levels in blood

- Inform your doctor on all the medicines you use including prescription, non-prescription and herbal supplements

DOSAGE FORIDA-XT+ Tablet

For Adults and Kids above 12 years of age 1 Tab Once a day

FAQs ABOUT FORIDA-XT+ TABLET

Q: What is Forida-XT+ Tablet used for?

A: Forida-XT+ Tablet is a health supplement used to prevent iron deficiency (iron levels in body) especially during pregnancy and anemia (low haemoglobin levels). It also improves foetal growth and develops immune system. Consult your doctor before taking it.

Q: Does Forida-XT+ Tablet cause any side effects?

A: Forida-XT+ Tablet may cause nausea, vomiting, constipation, loose stools, stomach pain, loss of appetite, darkened or green stools in some individuals. Consult your doctor if you notice any unusual side effects while taking it.

Q: Is Forida-XT+ Tablet safe in pregnancy?

A: Yes, Forida-XT+ Tablet is safe in pregnancy, used for prevention of iron deficiency. Consult your doctor before taking it.

Q: How do you use Forida-XT+ Tablet?

A: Always take Forida-XT+ Tablet as advised by your doctor. Swallow the tablet with a glass of water. Do not crush or chew the tablet. Do not exceed the recommended daily dose.

Q: Who should avoid taking Forida-XT+ Tablet?

A: Forida-XT+ Tablet is not recommended for use if you have certain iron metabolism problems or high iron levels in blood. Consult your doctor before taking it